Creative	Practical	Analytic

things. You prefer working in an informal, less structured, more flexible environment.

You enjoy activities and tasks that are novel You enjoy inventing and imagining new

"correct" solution.
(continued on top of next column)

- given to you.

  You prefer open-ended questions with no "sogreog" solution
- perween ideas rather than having them You prefer making your own connections

### Creative:

- applications and explanations.

  You are good at adapting to new situations.
- about them.

  You prefer questions that allow for practical
- You would rather do experiments than read
- than examples that are crated.

  You like handling objects when you learn.
- You prefer having real-life examples rather

### Practical:

environment.

- correct answer.

  You like to work in an organized
- that involve logic and strategy.

  You prefer questions that have a single,
- You enjoy playing games and doing puzzles
- You enjoy analyzing and solving problems.
- You prefer instructions to be step-by-step.

### Analytical:

# Visual Auditory Kinesthetic

sports or dancing.

- something or hearing about it.

  You enjoy physical activities such as
- body language to express yourself.

  You prefer hands-on learning to reading
- You use hand gestures or other kinds of
  - You find yourself fidgeting often.

### Kinesthetic:

to remember things.

- radio.
  You talk out loud to yourself when trying
- You enjoy listening to audiobooks or talk
  - hearing instructions.
    You enjoy listening to music.
  - You can remember what to do after

## Auditory:

- mazes.
  You can read graphs and maps easily.
- and things.

  You enjoy games like jigsaw puzzles and
- visuals.

  You can easily visualize people, places
- Visual:

  You enjoy learning through reading and

### Verbal/Linguistic

- You can easily express yourself either orally or in writing.
- You enjoy reading.
- You enjoy word puzzles and games.
- You like to talk through problems.

### Logical/Mathematical

- You enjoy working with numbers.
- You enjoy logic or strategy games.
- You can easily spot patterns.
- You prefer a step-by-step approach to problem solving.

### Visual/Spatial

- You can visualize things easily.
- You are good at giving directions.
- You enjoy doodling and drawing.
- You can visualize how things look from a different perspective.

### **Body/Kinesthetic**

- You enjoy sports and/or dancing.
- You tend to fidget if sitting for a long time.
- You use your hands & body when talking.
- You prefer to handle things while you learn about them.

### Musical/Rhythmic

- Usually, you can remember songs easily.
- You often listen to music.
- You find yourself tapping in time to music.
- You can remember things if you put them to music or a rhythm.

### Naturalist

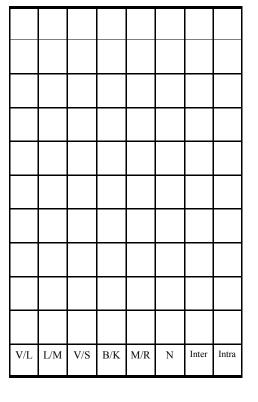
- You like pets & other animals.
- You recognize many types of trees, flowers, plants, etc.
- You like being surrounded by nature.
- You feel strong about environmental issues.

### Interpersonal

- You enjoy working in groups.
- You enjoy getting involved in after school activities.
- You would rather talk over problems with others.
- You understand how others feel.

### Intrapersonal

- You keep a personal diary or blog.
- You are aware of your own feelings.
- You are an independent thinker.
- You enjoy doing activities by yourself.



# **Identifying Your Learning Preferences**

### Name:

# Are you more: Visual/Auditory/Kinesthetic

Analytical/Practical/Creative

Verbal-Linguistic/Logical-Mathematical/Visual-Spatial/Body-Kinesthetic/Musical-Rhythmic/ Naturalist/Interpersonal/Intrapersonal

1—This doesn't sound like me at all. 10—This is exactly like me.